

DAILY BIBLE JOURNAL | Monday April 6 – Friday April 10

Monday April 6

1. What are the main things you pray for?

Read Matthew 6:9-13

2. Go through the Lord's Prayer line by line. What are the different things Jesus teaches his disciples to pray about?
3. How should this example of prayer cause your current habits of prayer to change?

Spend time in prayer adoring God for who He is, and confessing your sin before Him.

Tuesday April 7

Read Psalm 25

1. How does verse 1 set the tone for the rest of this prayer?
2. What does this Psalm teach us about the way we should pray?
3. Write down one thing you can praise God for, one area you need to seek forgiveness in, and one way you need God's help.

Spend time in prayer for each of those things.

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Wednesday April 8

1. When you're thankful for something, how do you normally show that?

Read Colossians 4:2-6

2. What attitude does Paul encourage us to take in prayer in verse 1?
3. Spend some time listing things in your life that are worth giving thanks to God for

Spend time in prayer giving thanks to God for each of these.

Thursday April 9

Read Psalm 119:169-176

1. What does the Psalmist bring before God? (Look for all the 'my' bits!)
2. What does the Psalmist look to God for? (The you and your bits!)
3. How should this shape your prayers each day?

Stop and write out a prayer to God that acknowledges who you are before Him, express thankfulness for who He is, and ask Him for help through His word.

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Friday April 10

Read Philippians 4:4-7

1. What circumstances are we able to bring before God in prayer?
2. How should this impact our daily rhythms of prayer? It might be through the 'ACTS' prayer, stopping to pause daily at work for prayer, or doing it first thing in the morning
3. Spend time writing down a plan for when, where and how you will pray. It's important to set healthy rhythms and routines for prayer, so articulating that is the first step!