

RHYTHMS DAILY READING PLAN | Monday May 18 – Friday May 22

Monday May 18

Read 1 Peter 1:13

1. Peter starts this section with a 'therefore' which points us back to who they are (God's chosen people) and where they're headed. What does verse 13 say about how they should respond to this?
2. What do you think it means to have minds that are alert and fully sober?
3. What are some ways that you can set your hope on the return of Jesus?

Prayer - ask God to stir your heart to live in the hope of His return.

Tuesday May 19

Read 1 Peter 1:14-17

1. Peter gives some particular commands here about living as 'obedient children' - what are the three things he commands in verse 14, 15 and 17?
2. What areas or things in your life need to change so that you can mirror more God's holiness?
3. What does it mean to 'fear God'? How should this impact our desire for holiness?

Prayer - spend some time confessing these things to God in humble prayer. Ask God to help you to obey him today rather than the sinful desires of this world.

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Wednesday May 20

Read 1 Peter 1:18-21

1. Peter's moves to the topic of 'redemption'. What does he say these people have been redeemed from (v18)?
2. Who has redeemed them and how does Peter describe this 'Redeemer' (v19-21)?
3. What has this redemption resulted in? Look particularly at the end of verse 21.

Prayer - spend some time praising and thanking God for his perfect 'sacrificial lamb', without defect or blemish, who has redeemed people from an empty life into a life of fullness and hope.

Thursday May 21

Read 1 Peter 1:22-25

1. Today's verses revolve around the command to 'love one another deeply, from the heart' (v22). Can you think of examples of how others have loved you like this?
2. Why does Peter tell his readers to love this way (v23)?
3. Verses 24-25 are a quote from Isaiah 40:6-8, written to comfort God's people - how do these verses comfort you?

Prayer - ask God to give you a deep love for others, motivated by the love He has shown to you. Pray that God would show you specific people to love in this way today.

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Friday May 22

Read 1 Peter 2:1-3

1. Yesterday we considered the command to 'love one another deeply, from the heart' (v22). Peter immediately suggests attitudes that prevent that sort of love. What are they (v1)?
2. Peter uses the analogy of babies who crave milk - what does he use it for (v2)?
3. What is the purpose of craving pure spiritual milk (2b)?

Prayer - ask God to stir in your heart a craving for his word so that you would feed on it and grow up in your salvation. Write out this prayer somewhere you can see and pray it regularly.