

ST FAITH'S ANGLICAN CHURCH

SEPTEMBER 2024

# COMMUNITY MAG



# Welcome

## MESSAGE FROM OUR SENIOR PASTOR

BEN MOLYNEUX



Dear Church,

### **Spring Fest – 21/22 September!**

As spring rolls around, I want to urge members of our 10am, 4pm and 6:30pm congregations to get involved in SPRING FEST! This is a chance for us to get to know other members of our congregation well, show some hospitality, share a meal, build relationships, and welcome spring! You might like to host a meal in your home or be a guest. We're planning on doing this on the weekend of 21/22 September and if you use the online registration form, you can let us know what day / meal suits you the best! Jump into spring, get involved if you're able to and register via the website – [stfaiths.church/events](https://stfaiths.church/events).

### **Staff Update**

For this Community Mag, unfortunately I don't have an update regarding our vacant Associate Pastor position, though I can tell you that things are progressing well. Please continue to pray that God would give wisdom and discernment as I seek to make an appointment in this regard. I hope to have some sort of announcement in the coming month, however, I don't expect our new Pastor will be able to start until early 2025. With this, and Marcus Druitt taking some long service leave in November / December, I have invited Rev. Dr Matt Baines (4pm) to join our staff team to assist us while Marcus is on leave. I'm thankful for Matt's enthusiasm at church in general, but especially his leadership of our PTC group this year, and I'm glad he accepted my invitation onto the team temporarily. Matt will officially come on board (three days per week) on 28 October, when Marcus vanishes for a couple of months!

## Synod

Spring also means that the Sydney Anglican Synod is on the horizon. For those who aren't familiar with the Anglican Synod, it is two weeks formal meetings where representatives from each Sydney Anglican Church, along with other Diocesan organisations (like Anglican Schools, Anglicare etc) gather to discuss and make decisions on matters of doctrine, governance, and other significant issues affecting the church.

Some of the 'hot topics' for consideration at Synod include a report on attendance patterns in Sydney Anglican churches, religious freedom, professional development for ministry workers, and a focus on the development of Diocesan Property Strategy. Ross Jones (10am), who currently serves as the CEO of Sydney Anglican Property will be involved in various items, and your representatives at Synod (voted in by you at the AGM) are Bob Pryor (10am), Cath McAdam (10am), along with myself as the Rector of the Parish. We would all value your prayers as we contribute to the wider mission of the diocese in this way.

Synod is being held on 16-18 & 23-24 September. For those who are interested, Synod papers are public documents - you can find them at [www.sds.asn.au/synod](http://www.sds.asn.au/synod).

## Watoto Children's Choir

I'd love you to set aside an hour or so on Saturday 14th September for a special performance by the Watoto Children's Choir, which will start at 2pm at St Faith's. Watoto Children's Choirs have travelled extensively since 1984 sharing a message of hope—not only for Africa's most vulnerable children and women—but for people all over the world! And we're stoked they're coming here to Narrabeen to perform songs off their brand-new album, "Better Days—There Is Hope." This would be a great event to invite friends and family members along to - it's free, though there will be an opportunity to support the work of Watoto and purchase Watoto merchandise.

## Newish Lunch - 15 September

Finally, if you're new around St Faith's and keen to connect into church (or find out more about our church), Yvette and I would love to invite you to our home for a Newish Lunch. Our next lunch is on Sunday 15th September at 12pm. Register via the website - [stfaiths.church/events](http://stfaiths.church/events) - we would love to get to know you more. Everyone is welcome.

God bless

Ben

# Gumtrees

## PLAYTIME



### **What Do We Do?**

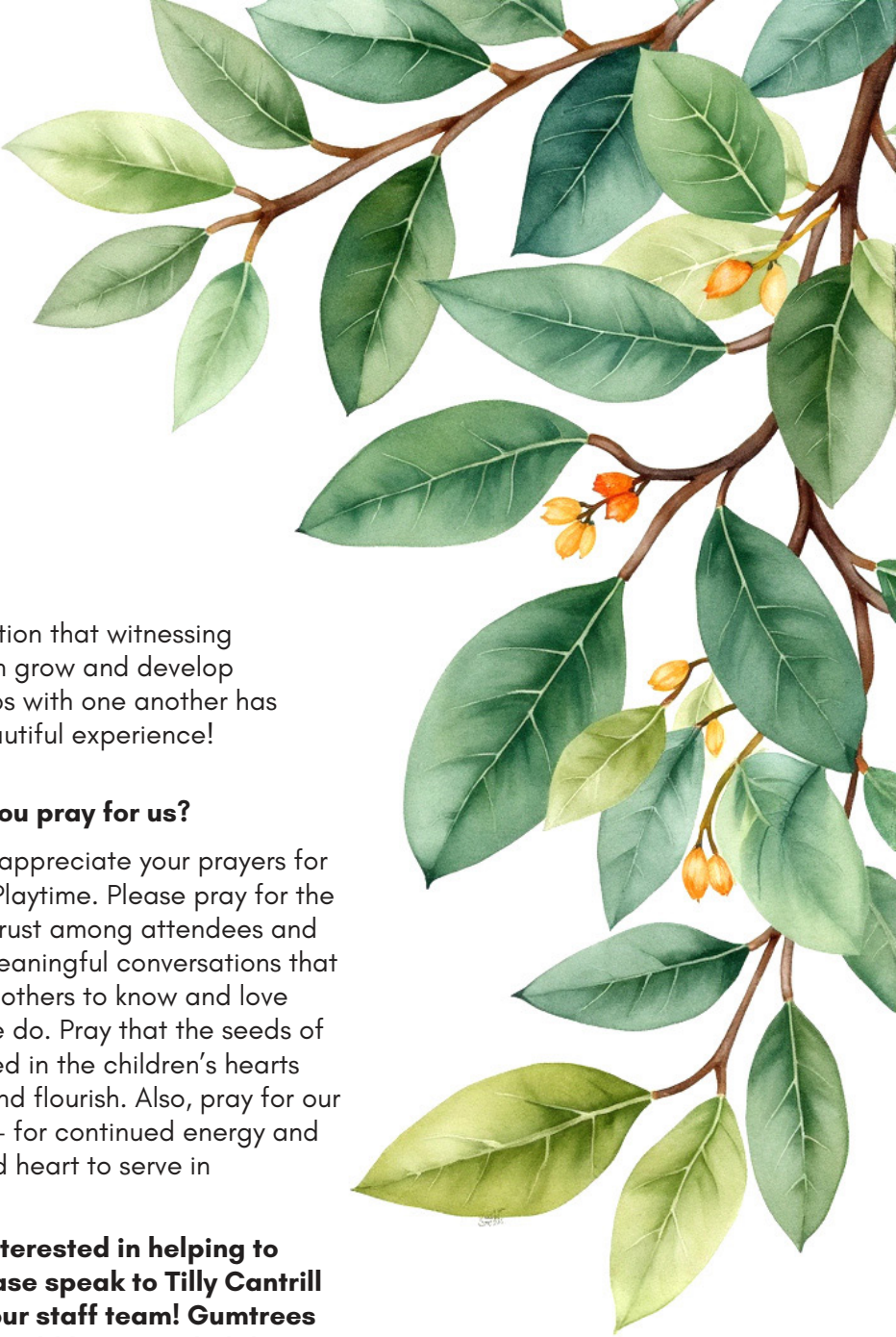
At Gumtrees Playtime, we aim to create a warm and welcoming environment where parents, grandparents, carers, and children can connect, play, and spend quality time together. Our program begins with nearly an hour of free play, followed by a prayer, morning tea, a story, singing, musical activities, and craft sessions.

Since 80% of our attendees are not Christians, we strive to gently incorporate a Christian perspective into our music, stories, and conversations. Our goal is to share our faith in a way that feels natural and non-intrusive, ensuring that everyone feels safe and welcomed in our church environment. We also announce the 'Discover' course during relevant weeks, offering those interested an opportunity to explore Christianity further.

Through these efforts, we aim to foster a community where everyone who comes to Gumtrees can come to know and love the Lord, working towards the vision of St Faiths to see a Northern Beaches that knows Jesus!

### **Encouragements and Joys**

One of our greatest sources of encouragement is the dedicated team of women who volunteer each week. Their crucial roles in setup, organisation, and prayer, along with their meaningful conversations with attendees, have significantly built trust with the parents. Many parents have shared their personal stories and sought prayer during challenging times, thanks to the consistent support and care of this Christian team. It's been truly rewarding to see parents become comfortable and authentic in our community, openly sharing their joys and struggles.



Not to mention that witnessing the children grow and develop relationships with one another has been a beautiful experience!

### **How can you pray for us?**

We deeply appreciate your prayers for Gumtrees Playtime. Please pray for the growth of trust among attendees and for more meaningful conversations that might lead others to know and love Jesus as we do. Pray that the seeds of faith planted in the children's hearts will grow and flourish. Also, pray for our volunteers - for continued energy and a continued heart to serve in their roles.

**If you're interested in helping to serve, please speak to Tilly Cantrill or one of our staff team! Gumtrees Playtime would love your help!**

# Parish Council

## SEPTEMBER UPDATE

The Parish Council has met each month throughout the year and has had regular updates from Ben Molyneux and the ministry team members he invites along to the meetings. This provides the Parish Council with a helpful overview of how the ministry is running overall.

You may have noticed that there has been plenty of maintenance work happening in and around church over the last few months. We are thankful for Alan Madder (10am) and his contributions, along with David Lawson (6:30pm) who is giving around eight hours a week in maintenance work around the church. The general maintenance has included rust, rails, carpark lines, painting, repairing holes in walls, replacing rusted fencing, globes for lights, and much more. Some of the larger jobs have been

managed by Alan Madder with his building experience, including a new roof over the entrance to church which was completely rusted out, new air conditioning units, and the flattening of the rear driveway. A massive thanks to Alan and David for all their hard work.

About 18 months ago, a request was made to the Parish Council to have a memorial plaque installed in the gardens of the staff houses in Acacia Street in Collaroy Plateau. The Parish Council agreed that this was a helpful way for people to remember the original use of that space by St Andrew's Anglican Church, Collaroy Plateau. It took a long time to install because of various approvals at a Diocesan level, but we're happy to let you know that this is now complete! See the pictures below.



Our Master Plan Committee, commissioned by the Parish Council earlier this year, met for a full day of planning, praying and dreaming about the future of our church and the use of our resources in July. This was a useful time, recognising the great assets of our church, and thinking through how we continue to use them for God's glory and the growth of his church. The Master Plan Committee will report back to the Parish Council in the coming months regarding their findings and 'blue sky' thinking.

Finally, please keep praying for SRE teachers! In our July meeting we were

presented with a helpful paper from Peggy King, who oversees our SRE program at St Faith's. The need for SRE teachers is critical and the Parish Council affirmed their support of this wonderful outreach, even offering potential teachers financial support with the cost of accreditation. If you are interested in teaching SRE in 2025, we would love to hear from you and so would Peggy. Please don't delay!

Finally, please pray for those representing our Parish at Synod this month - Ben Molyneux (Rector), along with Robert Pryor and Cath McAdam.



# YOU'RE INVITED

Join the **Watoto Children's Choir** as they sing, dance, and share their stories of restoration & hope.

**Saturday 14 Sept, 2:00pm @ St Faith's Narrabeen**

5-9 Clarke Street, Narrabeen | [www.stfaiths.church](http://www.stfaiths.church)

# INTRODUCING Michelle Smith

## Part-Time Chaplain at the War Vets

### 1. Tell us a bit about you and your family.

I grew up in a Lutheran Christian home. My parents were Dutch immigrants. I grew up in Blacktown, and then lived in Hong Kong, until returning to work and study. My husband is Simon, a Cabinetmaker, and we have been married for 25 years. We have two adult daughters, Saffron and Sierra.

### 2. When and how did you come to know Jesus and put your trust in him?

After University I drifted from attending church. One afternoon, I was approached by an evangelist while on a bus whose questions forced me to take stock of my relationship with Jesus. I was confronted by my lack of true understanding of who Jesus is and any evidence of trust in Him. By grace, I was convicted and utterly devastated at this realisation. I began attending church again and have grown in faith ever since.

### 3. Where do you church with your family? What's one thing you love about your church?

My family and I attend church at Narrabeen Baptist Church. NBC is

a source of encouragement and support to our spiritual growth through its biblical teaching, and opportunities to serve and share faith experiences.

### 4. You've recently taken on a two-day Chaplaincy role at the War Vets. Tell us about your days at the War Vets - what do you do, how do you seek to encourage people in the gospel, and how are you encouraged by the work you're involved in?

The War Vets is a retirement village comprised of multiple nursing homes and independent living villages. It is a community of mainly elderly residents and some younger war veterans affected by active military service. I work under the direction of the resident Chaplain, Rev. Tony Bradford.

I have the privilege of serving in two nursing homes. In Peter Cosgrove House, together with the help of two volunteers, we deliver a Chapel service each Tuesday morning. The other nursing home is Kokoda where typically, I will visit residents and spend time with those who are lonely and need someone to listen to their story. I spend time with those who cannot communicate, I help feed residents



Working with such a variety of people provides God with a constant source of teaching and encouragement for a fledgling Chaplain.



their lunch. I give attention to those with dementia and listen to what they say (even if it doesn't make any sense). Occasionally, I have the opportunity to take residents to the Dugout Café for a coffee or for a stroll in the gardens. Usually, I will gently question a resident about their spiritual belief, encourage them in their faith, and remind them of the gospel. Often, I will offer to pray for or with those who need prayer.

On Wednesday mornings I will be found helping the people who deliver a food pantry service called 'One Meal' and chatting to those who gather to benefit from that service.

I am gradually setting up a Bible study for female war veterans who are interested in exploring the Christian faith.

Working with such a variety of people provides God with a constant source of teaching and encouragement for a fledgling Chaplain. Regularly visiting residents, and sharing my faith and life

with them, offers an invaluable insight into God's work in the lives of people who may have spent most of their years without Him, but now perceive and receive His grace like never before.

### 5. How can we pray for you in the coming months?

Please pray for:

- Wisdom and clarity in my day-to-day.
- Help in nurturing relationships with busy nursing staff.
- Courage when situations arise where I am still unfamiliar.
- A spirit of receptivity and spiritual curiosity for the people God puts in my path.
- Please continue to pray for the WarVets, its Management, the Chaplains Tony Bradford and Keith Walker, the volunteers and for the raising up of many more volunteers.

# September

# PRAYER DIARY

SUN 1	<b>FATHER'S DAY</b> - Thank God for the godly fathers within our church family. Ask God to help them love and lead their families in His strength, by following the great example of our Lord Jesus who laid down His life for His bride - the church. Thank God for being our perfect Father and ask for God's love and compassion to surround those for whom Father's Day might be difficult.
MON 2	Give thanks for the ministry of <b>JESUS CLUB</b> that meet on the first Monday of every month, in a loving community for adults with intellectual disabilities. Give thanks for our current leaders, Dan, Nat, Bec, Steve, Anne, Michael and Natalie, who dedicate much of their time to love and care for its members. Ask God to raise up more leaders to help with this ministry. Pray more people from the community will hear about Jesus Club and will want to come along. Pray for good health for our current members.
TUE 3	Give thanks for the guests at <b>DISCOVER</b> and for their friends who brought them. Pray the Holy Spirit will open hearts and minds and lead them to salvation in Christ. Pray that everyone at church will be praying earnestly to the God of the harvest for the salvation of many souls and praying earnestly for opportunities to share their own faith.
WED 4	Give thanks for <b>GUMNUT KINDY</b> that provides a nurturing Christian atmosphere with a stimulating learning environment. Give thanks for Bec as the new director, that she leads well and that the educators work well as a team. Pray for Lyndal and Marcus as they teach the children about Jesus. Pray the children will learn to love Jesus and follow him. Pray for opportunities to engage with families and educators about Christ.

THU 5	<p>Pray for all the children at <b>LIGHTHOUSE</b> to continue their journey in their faith, to run the Christian race for the rest of their lives. Pray that as we look at our series in 'running for gold', the children can come to an understanding of the importance of the prize that has been set for us who believe and love the Lord Jesus. Pray for Molly who will be finishing up at the end of the term at Lighthouse to do her teaching pracs. Pray she is well prepared and for a blessing over her time finishing her uni degree. Pray for our Lighthouse leaders, Laurie, Maisy and Lizzy as they prepare for the HSC. Thank God that they have served faithfully and joyfully throughout the year despite the pressures of Year 12.</p>
FRI 6	<p><b>SOULIES</b> – Ask that God would be working through the prayers of our young people as they pray for opportunities to invite friends to our Evangelistic Night on the last week of Term (20th September). Pray that our youth would have boldness in not just praying, but sharing Jesus with those God has placed around them also. Thank God for the willingness of our youth to serve at Soulies. Pray for our youth as we continue our series in Genesis, as we unpack the origins of the world as we unpack the purpose of followers of Jesus.</p>
SAT 7	<p><b>WAC</b> – As Paul, your servant, urges in his letter to Timothy, we pray Father, for our world and its leaders. Grant wisdom and discernment as leaders at all levels make decisions affecting the lives of so many. May they seek peace, sustainable prosperity and the common good for those whom they lead. Pray for our Warriewood Brook Community including those in Marcus Loane House – thank God for sustaining us and our neighbours through these winter months. Pray for us to be instruments of His grace in each other's lives and grant opportunity for us to simply share the reason for our hope in Jesus.</p>
SUN 8	<p>Pray for <b>BEN PREACHING AT ALL SERVICES AT ST FAITH'S TODAY</b>. Ask the Holy Spirit to guide Ben's words, as he leads our congregations, that it will touch the hearts of those listening, inspire everyone to grow in faith and putting our hope in Jesus.</p>
MON 9	<p>Praise God for His goodness to us by giving us His word. Praise Him for revealing himself to us through His word. Spend some time thanking God for the goodness of His word and how it helps us to know and love Him more.</p>

TUE 10	Thank God for our <b>COMMUNITY GROUP LEADERS</b> and their commitment to lead us each week in community groups. Ask God to strengthen them and help them to keep trusting in God's goodness and faithfulness in all things. Pray that God would sustain and strengthen them as they serve in this way.
WED 11	Pray for the <b>NSW LOCAL GOVERNMENT ELECTIONS</b> on Saturday 14th September. Pray for those elected to have a genuine commitment to serve their communities, with a focus on listening to and understanding the needs of their constituents. Pray for wisdom in all decisions for the common good of all.
THU 12	<b>QUILTING AND NEEDLEWORK CLUB</b> - Give thanks for the women who meet every Thursday morning at church, for their talent and skills that they share, and for those who give Bible talks each week. Give thanks for the support they give to charities such as Mercy Ships, Rural Aid and other organisations. Thank God for the new ladies who are coming along each week. Pray they will feel welcome. Give thanks for Judith Baker and others who coordinate this group each week.
FRI 13	Pray for our <b>SOULIES YEAR 12s</b> (Lizzy Pienaar, Laurie Bronsveld, Maisy Jones, Paris Turner and Ryan Lawson) as we farewell them tonight, before they go into their HSC exams next term. Thank God for the work He has done in their lives and ask that He would continue it beyond their schooling years. Pray they can be well prepared for their exams whilst their hearts be protected from any stress that the exams might bring.
SAT 14	Give thanks for the <b>WATOTO CHILDREN'S CHOIR</b> who will be performing at church today, singing songs from their new album called "Better Days - There Is Hope". Praise God that over the past 25 years, they have sent out more than 100 choirs around the world, sharing the good news of Jesus and bringing hope to people. Give thanks for the Watoto Villages, that bring hope and healing to vulnerable women and children in Uganda and South Sudan.
SUN 15	Pray for <b>PHILIP PREACHING AT 8AM CHURCH AND BEN PREACHING AT 10AM, 4PM AND 6.30PM CHURCH</b> . Pray they are faithful to God's word and encourage the congregations to mature and grow in their faith and service of God. Give thanks to God for his unfailing love for us. Pray that we may show patience, tolerance, kindness, caring and love to all.

MON 16	<p><b>NPSRE CROMER CAMPUS</b> – Pray the 100 students in Year 8 currently attending Scripture will be able to do so in Year 9. Pray that parents of all students who would like to attend Scripture will give permission to do so and send in the required signed permission forms. Pray that prospective parents of Year 7 students in 2025 will choose to ‘opt in’ for Scripture on the enrolment forms.</p>
TUE 17	<p>Pray for Rosemary and Ben as they write the Bible studies for our <b>TERM 4 SERIES IN 2 TIMOTHY</b>. Ask God to give them good insight into His word and so develop studies that help us to understand the true meaning of the passage and how it applies to us today as followers of Jesus.</p>
WED 18	<p><b>TCP</b> – Give thanks to God for always providing for our needs, for all our volunteers who cook, serve and show love to our guests. Pray we may be salt and light and for the Holy Spirit to soften hearts of those who don’t know Jesus. Give thanks for Dave Woods taking over leading the Bible Study from Neil. Pray for the guests who attend each week, that their faith is strengthened; for our guests who struggle with mental health problems; for those who have addictions; for God’s miraculous healing for a guest who is battling cancer; a family that is having problems with the courts regarding parental access: for wisdom for those who make decisions and for the impact on the children; for healing of a terrible burn a guest has sustained; and for a guest who is facing court: for wisdom in the legal decision and that they come to know how much Jesus loves them.</p>
THU 19	<p><b>MISSION – CHRIS AND KAREN WEBB – BROOME PEOPLES CHURCH</b>  – Give thanks for the KCF Convention held in Noonkanbah community last month. Give thanks for the very clear and gospel-centred Bible talks from Jono Wright, who spoke about how God’s promises fulfilled in Jesus can give us a wonderful and certain hope in a world that is broken by sin. Pray God will continue to do his work in the hearts of people who heard his word. Continue to pray that the church in Noonkanbah will be revived after the convention and will begin meeting regularly again.</p>
FRI 20	<p>Pray for those who will be visiting <b>SOULIES</b> tonight (<b>EVANGELISTIC NIGHT</b>), that the Gospel will be clearly explained and that the Spirit would be at work in the hearts of our youth to grow them to maturity as disciples of Christ.</p>

SAT 21	Pray for <b>BEC SMITH AND ALISTAIR DE BLACQUIERE-CLARKSON WEDDING</b> today at St Faith's. Pray that God would be the centre of their marriage always and that they would grow in love and service of the Lord in their marriage together.
SUN 22	Pray for <b>MARCUS PREACHING AT ALL SERVICES AT ST FAITH'S</b> . Pray for clarity and that God's word would be faithfully taught and strengthens the faith of those who hear and anyone who is visiting to want to know more about God.
MON 23	<b>MISSION - IRWAN AND CATHERINE AFES AT UNI OF WOLLONGONG</b> - Thank God for the gospel conversations during Jesus' Weeks: "Meet Jesus". Pray for the Lord of the harvest to change the hearts of the non-believers who we had conversations with, and may the Lord open up more opportunities to meet with them so that we can share His gospel. Pray for two atheists, three Muslims and several Catholics who have been coming regularly to residential Bible studies, that the Lord will be merciful to open up their hearts to His word as they study His word. Pray for Irwan in preparing weekly materials in theology and ministry. Pray for the Bible-study group at three residential colleges (Koolobong, Campus East and International-House) to grow in knowing and trusting Jesus, and being disciplined well to reach non-believers and those on the fringes or struggling in their walk with Him.
TUE 24	Thank God for <b>MOLLY JONES</b> as she finishes up as our <b>CHILDREN'S MINISTRY ASSISTANT</b> . Thank God for the way she has loved and disciplined our children at Kids' Church on Sundays and at Lighthouse over the past year. Pray for her as she goes into Term 4 full time prac, to finish her degree and as she prayerfully considers what God's plan for her in ministry will be in the future. Pray God will raise up more leaders, passionate to see children grow in their knowledge and love of Jesus, to fill in a few leadership gaps in Children's Ministry.
WED 25	Give thanks for Tilly Cantrill as she enthusiastically leads <b>GUMTREES PLAYGROUP</b> each week. Give thanks for the parents and grandparents who bring their preschoolers and make connections and deepen friendships. Give thanks that Christian content, such as saying grace and singing songs and sharing stories, are so well received.

THU 26	Give thanks for our <b>WARDENS</b> Sarah, Stuart and Tim and those who serve on our <b>PARISH COUNCIL</b> , Al, Bob, Christina, Jeanette, Luke, Max, Molly and Tones, who meet every month to discuss matters relating to the church and finances. Pray for guidance and wisdom as they meet tonight. Thank God also for Annie Selman in her volunteer role as Minutes Secretary.
FRI 27	As term 3 finishes, pray for safety for those who may be travelling during the two weeks break. Pray for students who are sitting their <b>HSC EXAMS</b> next month. Pray they will prepare well and ask God to sustain them and give them His peace and reassurance.
SAT 28	Give thanks that <b>THE COTTAGE COUNSELLING CENTRE</b> is travelling steadily along and is providing care for those in the community who need healing. Ask God to raise up new members to join the other members of the Board who oversee and steer The Cottage Counselling Centre forward with wisdom and care.
SUN 29	Pray for <b>BEN PREACHING AT ALL SERVICES AT ST FAITH'S</b> . Pray we will be open to hear God's message to us through his Word and that we feel encouraged and trust God's Word being taught to us. Pray we find contentment, peace and fulfilment in Jesus and not the things of this world.
MON 30	<b>MISSION - DAN AND LIV WEBSTER - NAMIBIA EVANGELICAL AND THEOLOGICAL SEMINARY</b> - Give thanks we can experience what it's like living in another culture. Give thanks that we could attend Anna and Leonard's wedding. An Owambo wedding is celebrated over three days with three receptions. Pray for the goodness of families to build around God's Word and that Anna and Leonard will try to pursue this. Give thanks that NETS has started Semester 2 well, with some great new students. Ask God for wisdom for those who will think about a restructure at NETS and possibly search for a new principal (previous one has stepped down). Give thanks for the blessed time with Dan's parents in August.



PRAYERMATE™

Subscribe to our Prayer Diary via the PrayerMate app!

# OPERATION Christmas Child

## **It's that time again and our boxes are available for filling!**

Operation Christmas Child is a part of Samaritan's Purse, a Christian International relief organisation who, throughout the year, assist in worldwide disasters. Our joy is being able to pack boxes for the children in the Pacific Islands and South East Asia to bless them at Christmas time, and give them the opportunity to hear about Jesus.

In 2023, 290,000 shoe boxes were collected in Australia and New Zealand and were distributed to Cambodia, Ukraine, Fiji, Papua New Guinea and a sensitive country which cannot be named. Each child is given a booklet in their own language called, "The Greatest Journey," which is the story of Jesus. Many children enrolled in this discipleship program made decisions to follow Christ - what a blessing! Praise God.

To participate, all you need to do is pick up and sign for your box and read the enclosed instructions carefully. Choose an age group and a boy or girl. You will find gift ideas and some information on what items not to include.



Please pray for the child who will receive your gift as you choose items and pack the box. The Quilting Club has provided some items for you. When your box is complete and labelled, return and tick it off. All boxes are due back by the 6th October. Last year we sent around 190 boxes - so let's get over 200 this year!

St Faith's has been involved for over 20 years and many of us buy items on special throughout the year anticipating the arrival of the boxes. Detailed information and videos are available online at: [operationchristmaschild.org.au](http://operationchristmaschild.org.au)

What a joy to see the delight in the children's faces!

Thanks for participating.

Judith Baker (8am)





I went along to the first night of Discover this August, led by Marcus. We enjoyed a lovely meal together. It was a great opportunity to meet some younger Christians from other St Faiths services and learn where they are in their life and faith journey.

We watched a few short presentations that basically explained God as Creator and Jesus as Saviour, and our need for hope and purpose for our lives.

Marcus posed questions for us to discuss in groups at our tables.

It was really encouraging to hear the thoughts of fairly new Christians and those that are seeking answers. The night had a great atmosphere that was welcoming and encouraging. Conversation flowed easily as everyone felt that their opinions were valued. We were shown an illustration of people in a swimming pool, some standing around the pool, some diving in and some ignoring everyone. The image was an analogy of where "we are" regarding the water which symbolized God's kingdom. This inspired some interesting discussion as to where we all thought we were in the picture.

The take home for me was that I was spurred on to talk to work colleagues who are searching, and I know are lost. It reminded me of my responsibility as Christ's child to share the gospel and pray for opportunities to do so.

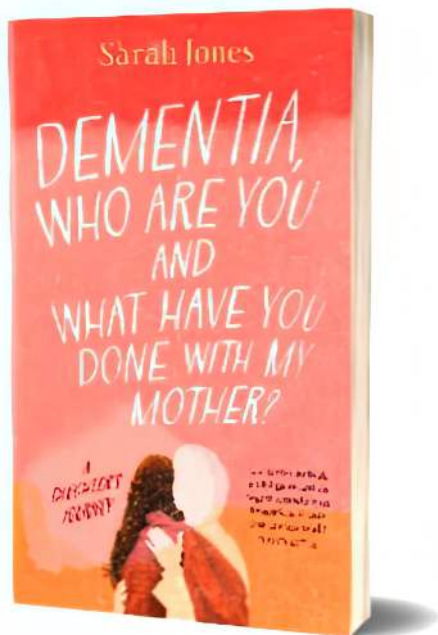
If you get a chance, checkout "Discover" and bring along that person you've been praying for.

**MARTYN TOOLE (10AM)**

# New book alert!

It's possible some of you might know **Sarah Jones**, from our 10am service, she's been around the place for a while - 40 years to be exact (but who's counting?) - becoming a Christian through the youth group at St Faiths back in high school, when bubble skirts and Choose Life t-shirts reigned supreme. Sarah is married to Ross and is mum to Sam, Molly, Maisy and Toby.

Sarah has just released her first book, titled: 'DEMENTIA, WHO ARE YOU AND WHAT HAVE YOU DONE WITH MY MOTHER?', which is the personal and heartfelt story of living through her mother's dementia.



With our ageing population, nearly one million Australians will have some form of dementia by 2050. If people haven't yet had their lives touched by dementia, the chances are, they soon will.

We asked Sarah why she wrote this book? "We were totally unprepared when Mum was diagnosed with this horrible disease and felt alone and unsure of how it would all unfold. I wanted to write the kind of book I would have loved to have had access to when we were going through it."

"My hope and prayer is that this book will be relatable and offer comfort to those in a similar situation, with a loved one battling dementia, and give them assurance they are not alone".

'Dementia Who Are You and What Have You Done With My Mother?' is \$29.99 and is available through [www.wordsbysarahjones.com](http://www.wordsbysarahjones.com).

# SPRING FEST!

Saturday 21 September

Sunday 22 September

- Join with others from church,
- Enjoy a meal together.
- Get to know one another.
- Welcome Spring!

**REGISTER TODAY**



## newish lunch

Sunday 15th September, 12pm

[stfaiths.church/events](http://stfaiths.church/events)

**COMMUNITY NEWS**

*Pray for...*

**Those expecting -**

Fiona & James Kirsop

**Those unwell -**

Larry and Jacky Tolnay

Trish Clifton

Barbara Temperley

Anne Robinson

Max and Imelda Krause

Sandra Burgess

Jan Hall

Barbara Storey

Tracy Scarf

Ross King

# CONNECTION POINT.

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PASSWORD: Narrabeen



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